



Protect yourself. Protect others.

This season on Siyayinqoba Beat It! our key message will be Protect yourself. Protect others. Join us as we talk openly about HIV/AIDS and how it affects all of us.

Be sure to tune in every Thursday from July 3rd at 1:30 on SABC 1 for hard-hitting, insightful and uplifting stories and features.



Protect yourself. Protect others.

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Remember: Get tested for HIV regularly.
Starting ARVs at the right time will save your life.