



What are our farms
really producing?

This week on SIYAYINQOBA BEAT IT!

I contracted HIV while working on a farm, and now I'm learning to live with the disease. Hear my story and the plight of South Africa's farm workers this Thursday at 1:30 p.m. and on Friday at 5:00 a.m. only on Siyayinqoba Beat It! on SABC1.



You can be a winner! Send a FREE Please Call Me to 072 924 2559. Then watch the show and see if you've won an incredible weekly prize. Brought to you by Cell-Life.

Protect yourself. Protect others.

www.beatit.co.za



Remember: Get tested for HIV regularly.
Starting ARVs at the right time will save your life.