



Anyone can get HIV.  
It's how you live with it  
that matters.

# This week on SIYAYINQOBA BEAT IT!

*Siyayinqoba Beat It!* is still the only show that deals with, and is presented by, people living positively with HIV and AIDS. Join us this week for an in-depth look at how to break down the barriers preventing people from knowing their HIV statuses on Thursday at 1:30 pm and every Friday at 5:00 am only on *Siyayinqoba Beat It!* only on SABC1.



You can be a winner! Send a FREE Please Call Me to 072 924 2559. Then watch the show and see if you've won an incredible weekly prize. Brought to you by Cell-Life.

Protect yourself. Protect others.

[www.beatit.co.za](http://www.beatit.co.za)



Remember: Get tested for HIV regularly.  
Starting ARVs at the right time will save your life.